

vision

Generation Y Mummy Tea

In order to have time for the family and manage all household chores, to pursue her career and look fine, a modern woman needs a large reserve of vigor and strength, in other words, of vitamins and minerals. With the coming of the new Vision Tea it has become easy and pleasant to restore that reserve, since that herbal drink is specially produced to satisfy all needs of the female organism.

Mother's Secrets

Nursing mothers pay special attention to their nutrition quality. This is really proper, since they "share" with their babies everything in their diets. In the first months of his/her life the infant needs good care and proper nutrition most of all, and the ideal nutrition is the mother's milk. It protects the baby against diseases, helps in the growth and development, strengthens the immunity, reduces the allergic reaction instances and even enhances the social adaptation.



As for the mother's health, nursing helps in alleviating the postnatal depression risk. In order for nursing to be most beneficial for the infant and comfortable for the mother, she should get the proper nutrition rich in vitamins and adhere to the correct routine of consuming liquids.

"Grandmother's" remedies like sweet tea with milk do not provide the required amounts of nutrients and even cow's milk can prove to be rather a powerful allergen in cases of the individual intolerance.

Researchers of Vision DEM4 Laboratory have developed the special **Generation Y Mommy** herbal tea meeting all the needs of nursing mothers and favorably affecting their milk composition. The tea contains seven medicinal plants whose beneficial effects have been proven by most advanced research.

The new tea is not only good for nursing mothers, it is a practically universal female drink.

Generation Y Mommy provides strength after a tiresome working day, helps in recovering after illnesses, assists in enhancing immunity and strengthening the organism, aids in normalizing the intestine microflora.

The tea contains **fennel** that is an effective supplement to the nursing mothers' diet. The plant fruits and volatile oil are used for preventing meteorism, in particular, in the composition of such traditional "kid" remedy as dill water. In addition, fennel helps in enhancing digestion and supports cells in "maintaining" normal weight not allowing excessive kilos to accumulate.

Another tea ingredient, **anise**, has the antiinflammatory, antiseptic, spasmolytic, anesthetizing effect and acts as laxative. The anise fruits enhance the gastrointestinal tract secretory function, reduce spasms in the intestine unstriped muscles. But the main thing is that they improve the mammary gland secretion and encourage the uterus motor function.

Rooibos ("red bush" in Afrikaans) has been long used for making a drink helping in cases of fatigue, headache, nausea, heartburn, it has the antibacterial effect and strengthens immunity. Rooibos is rich in iron, taking it can be a good prevention measure for anemia.

Raspberry leaves are rich in calcium, zinc, iron, sodium, iodine, the range of vitamins B, including pantothenic acid.

Spirulina microweed is a veritable treasure of valuable nutrients and one of the main sources of fully natural proteins. Spirulina contains 18 various aminoacids, it is rich in vitamins and microelements.

Fenugreek seeds have the rejuvenating effect. Fenugreek restores strength well, removes inflammations.

Hibiscus flowers are known for their antiseptic effect, they help in enhancing the liver function, normalize arterial blood pressure.



**Generation Y Mommy Herbal Tea
means tender care for the ones you love best.**

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